

ABSTRACT

Instruments and methods include a guide instrument mountable to at least one anchor extension to guide the positioning of an anchor in a bony segment. The guide instrument facilitates aligning the anchor with one or more other anchors already engaged to the bony segment. The anchors can then be engaged with a connecting element extending therebetween. The guide instrument facilitates multi-level fixation of bony segments with bone anchors and one or more connecting elements in a minimally invasive surgical approach.